



Jr Iron Chef VT 2020 Lively Local Form

This form MUST arrive by mail or scanned via email to Kerrie jronchef@nofavt.org at our office by March 6, 2020 in order for your team to be considered for the Lively Local Award. No exceptions!

Team Name & School: _____

Team Coach: _____

Local Product (apples, maple syrup, cornmeal, etc...)	Recipe Quantity (1/4 cup or greater)	Name of Farm/ Farmer*	Location
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			

Coach Signature: _____

* If you order ingredients through a wholesale distributor or Co-op, please ask who grew the product and list on the form.

Mail this form to: Jr Iron Chef VT, PO Box 697, Richmond, VT 05477