03 What are proper practices for keeping my hands and surfaces sanitized?

- Soap, alcohol and bleach are the best agents to kill the virus. Soap with water is VERY effective.
- Use warm water to wash hands thoroughly for at least 20 seconds. Use soap and water for at least 20 seconds when handling food, as well as before and after eating. There is no evidence that COVID-19 is passed on through food. For more info go to: https://www.healthvermont.gov/coronavirus/2019-ncov/index.html
- Rubdown the handle BEFORE AND AFTER USE.

- If the garden space is small and it will be hard for gardeners to operate with proper spacing, schedule community gardening for specific gardeners to limit numbers present in the garden at any given time. In some situations it may make sense to schedule gardeners based on the location of their plot in the garden—Space out gardener across the garden space.
- Avoid group work while the concern for the virus is highest. One group work can resume, continue to use the above precautions. Rooms: stay apart by 6 ft, bring in your own tools, wash hands thoroughly, and wipe down shared surfaces.
- Ask gardeners to keep a garden variety of times throughout the week. One simple way of managing a schedule for shared tasks is to set up a Google spreadsheet with a list of tasks. Have gardeners add their name, contact info and planned day for task completion next to list items.
- STAY HOME if showing any symptoms or if you've been in contact with someone who is sick.
- Encourage gardeners to STAY HOME if they are considered more vulnerable to exposure to the virus (elder adults and people of any age who have serious underlying medical conditions). Support these gardeners by offering to plant or cultivate for them while risks remain high.