

# Lively Local Form

This form **MUST** arrive at our office by March 12, 2016 in order for your team to be considered for the Lively Local Award. No exceptions!



Team Name: \_\_\_\_\_

Team Coach: \_\_\_\_\_

Local Product (apples, maple syrup, cornmeal, etc...)	Recipe Quantity ( $\frac{1}{4}$ cup or greater)	Name of Farm/ Farmer*	Location
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			

Coach Signature: \_\_\_\_\_

\* If you order ingredients through a wholesale distributor or Co-op, please ask who grew the product and list on the form.

**Mail this form to:** Amy Gifford, Jr Iron Chef VT, PO Box 697, Richmond, VT 05477