

ASPHN January 9, 2024 Farm to ECE Webinar

**Farm to Child and Adult
Care Food Program
(CACFP): Basics,
Practicalities, and
Innovations**



ASPHN Offerings - Now through July 2024

Monthly Webinars Series - 2nd Tuesday
(contact emia@asphn.org)

Farm to ECE Newsletters - monthly

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[June 11-13, 2024](#)

[Farm to ECE Convening!](#)

ASPHN January 9, 2024 Farm to ECE Webinar

Farm to Child and Adult Care Food Program (CACFP): Basics, Practicalities, and Innovations

Katina Kefalas, USDA, Brenda
Tourangeau, ECE Provider, Laura
Butler, FCC Provider, & Melanie
Tran, Farm to ECE Specialist





Farm to CACFP: Basics, Innovations, and Practicalities

Katina Kefalas
Program Analyst
CACFP Policy Branch
USDA FNS





- Overview of CACFP
- Benefits of CACFP
- How CACFP can be used to support Farm to ECE efforts

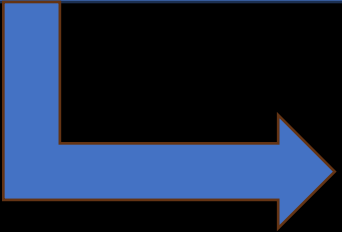
Child and Adult Care Food Program (CACFP)

- Emergency Shelters
- Adult Day Care Centers
- At-Risk Afterschool Programs
- Outside School Hour Programs
- Child Care Centers
- Family Day Care Homes

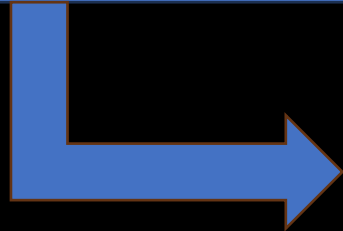




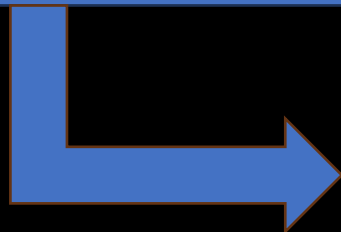
USDA Food and
Nutrition Service



State Agencies (i.e., Department of
Education)



Institutions (Sponsoring Organizations
and Independent Childcare centers)



Facilities (Sponsored Childcare Center
and Family Day Care Homes)

Meal Pattern and Reimbursement Rates

Child and Adult Care Food Program Breakfast [Select the appropriate components for a reimbursable meal]					
Food components and food items ¹	Minimum quantities				
	Ages 1-2	Ages 3-5	Ages 6-12	Ages 13-18 ² (at-risk afterschool programs and emergency shelters)	Adult participants
Fluid Milk ³	4 fluid ounces	6 fluid ounces	8 fluid ounces	8 fluid ounces	8 fluid ounces
Vegetables, fruits, or portions of both ⁴	¼ cup	½ cup	½ cup	½ cup	½ cup
Grains (oz. eq.) ^{5 6 7 8}	½ ounce equivalent	½ ounce equivalent	1 ounce equivalent	1 ounce equivalent	2 ounce equivalents



CHILD AND ADULT CARE FOOD PROGRAM (CACFP)

Per Meal Rates in Whole or Fractions of U.S. Dollars

Effective from July 1, 2023 - June 30, 2024

CENTERS		BREAKFAST	LUNCH AND SUPPER ¹	SUPPLEMENT
CONTIGUOUS STATES	PAID	0.38	0.40	0.10
	REDUCED PRICE	1.98	3.85	0.58
	FREE	2.28	4.25	1.17

Benefits of CACFP

- Nutritious meals
- Encourages good nutrition habits early
- Improves the quality of childcare
- Provides funding, nutrition education, training, and support



CACFP Program Contacts

The screenshot shows a web browser window with the URL <https://www.fns.usda.gov/cacfp/program-contacts#usa-map-links>. The page title is "Child & Adult Care Food Program Contacts". Below the title is a breadcrumb trail: PROGRAMS > MEALS FOR SCHOOLS AND CHILDCARE > CHILD AND ADULT CARE FOOD PROGRAM > STATE CONTACTS. The main content area contains the text: "The Child and Adult Care Food Program (CACFP) is administered at the state or territory level. Find your local CACFP contact information using the map below." There is a link for "Skip Map". Below the text is a map of the United States where each state and territory is labeled with its two-letter abbreviation. The map is colored in a dark teal color.



How CACFP can Support Farm to ECE

- Local Sourcing
- Nutrition and Agricultural Education



Sourcing Local



Nutrition and Agricultural Education



USDA Resources and Funding

- Farm to CACFP Webpage
 - Local Foods in CACFP Policy Memo
 - Procuring Local Foods for Child Nutrition Programs
 - Farm to Preschool Fact Sheet
 - Grow It! Try It! Like It!
 - ...and much more!
- The Dirt!
- The Patrick Leahy Farm to School Grant Program



Farm to School Specialists

Andrea Alma
Allison Bell
Mountain Plains Regional Office
(MPRO)
SM.fn.MPRO.F2S@usda.gov

Sarah Elliott
Angela Rupchock-Schafer
Midwest Regional Office
(MWRO)
SM.FN.MWFarmToSchool@usda.gov

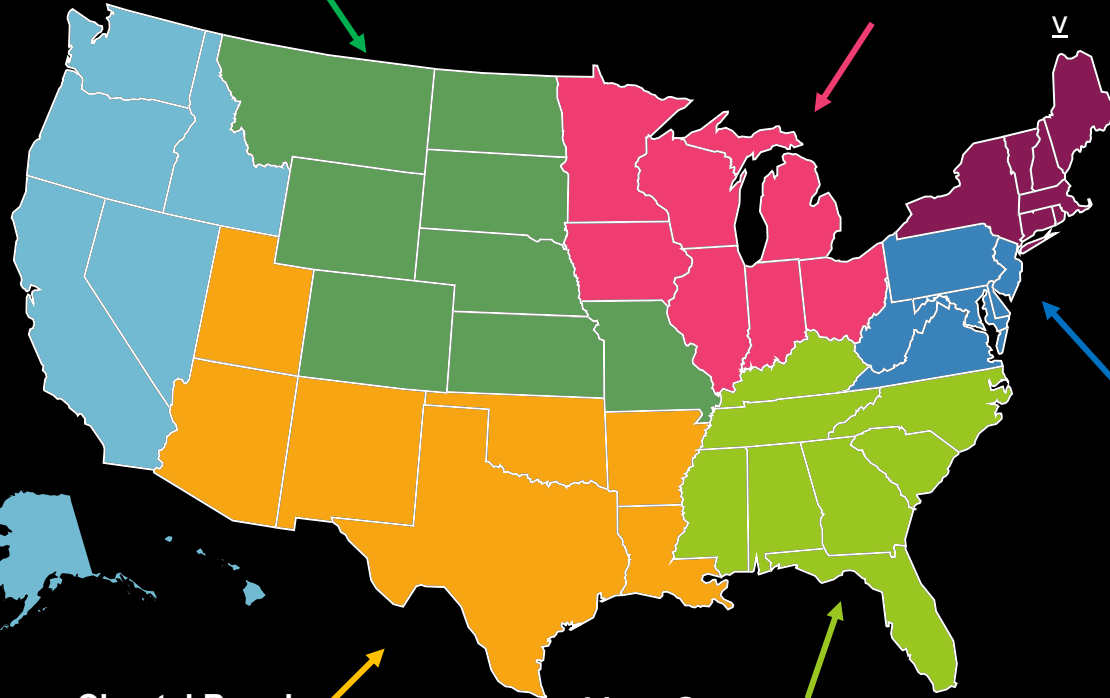
Tom Tognazzi
Northeast Regional Office
(NERO)
SM.Fn.NE.F2S@usda.gov

Kari Kramer
Kendra Vandree
Western Regional Office
(WRO)
SM.FN.WRO.F2CNP@usda.gov

Nicole Zammit
Kelsey Porter
Mid-Atlantic Regional Office (MARO)
SM.FN.MA-Farm2CN@usda.gov

Chantal Beard
Southwest Regional Office
(SWRO)
SM.FN.SW-Schools@usda.gov

Lissa Ong
Bernadette Lorenzo
Southeast Regional Office
(SERO)
SM.fn.SEROCFS@usda.gov



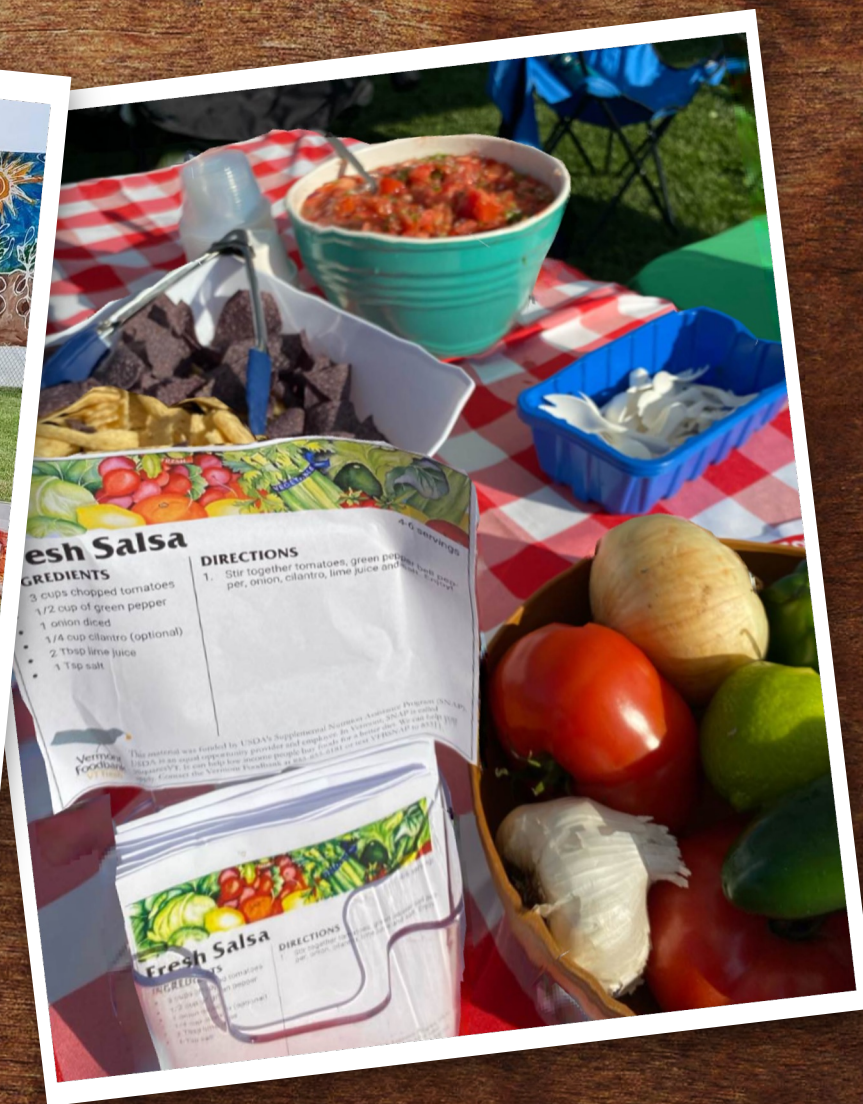


Thank You!

Please contact
SM.FN.FarmToSchool@usda.gov

for any questions for the
Patrick Leahy Farm to School Program

Milton Family Community Center







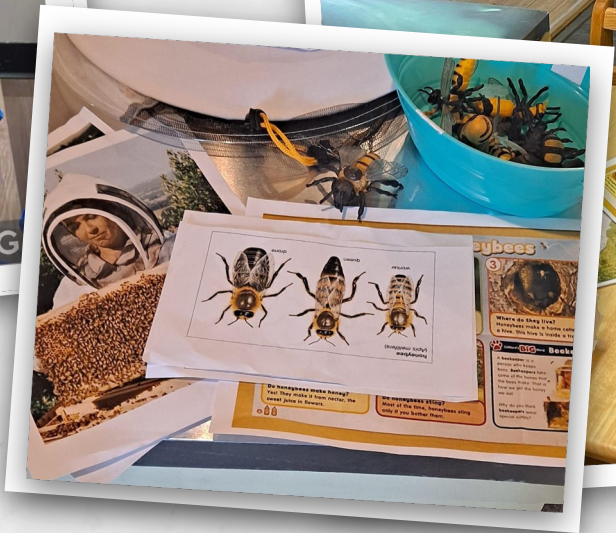


















Imagination Island

Farm To ECE

Introducing a Pumpkin



Unloading CSA Shares



Filling the CSA Bags



Everyone Plants!



Even the youngest



Exposure to Tools



Love those Salad Turnips



A job well done



Resources

Shelburne Farms

Vermont Farm to School

National Farm to School Network

You can find our story and many others about
the success of Farm to School!!

Hello Farm to ECE



10 Cents a Meal for Michigan's Kids and Farms is administered in collaboration between MDE, MDARD, Groundwork Center for Resilient Communities, and MSU Center for Regional Food Systems.



20% Michigan Foods by 2020



Advancing Michigan Good Food

AGENDA PRIORITIES

12. Implement a reimbursement program to provide an additional 10 cents per school meal, as a supplement to existing school meal funds, in order to purchase locally grown fruits and vegetables.

GROW JOBS AND KIDS WITH MICHIGAN FOOD IN SCHOOLS

Turkey-apple-spinach wraps anyone? Sounds like lunch on the town, but in fact turkey-apple-spinach wraps were one of two menu choices recently at Platte River Elementary School in northwest Michigan's Benzie County.

The sweetness of the locally produced Honeycrisp apples in the wraps was one trick to getting the spinach into the kids, said Daniel Marbury. He's one of two national FoodCorps members working for a year with the region's schools to spice up menus, connect with local farm vendors, and provide nutrition education support. "One of the



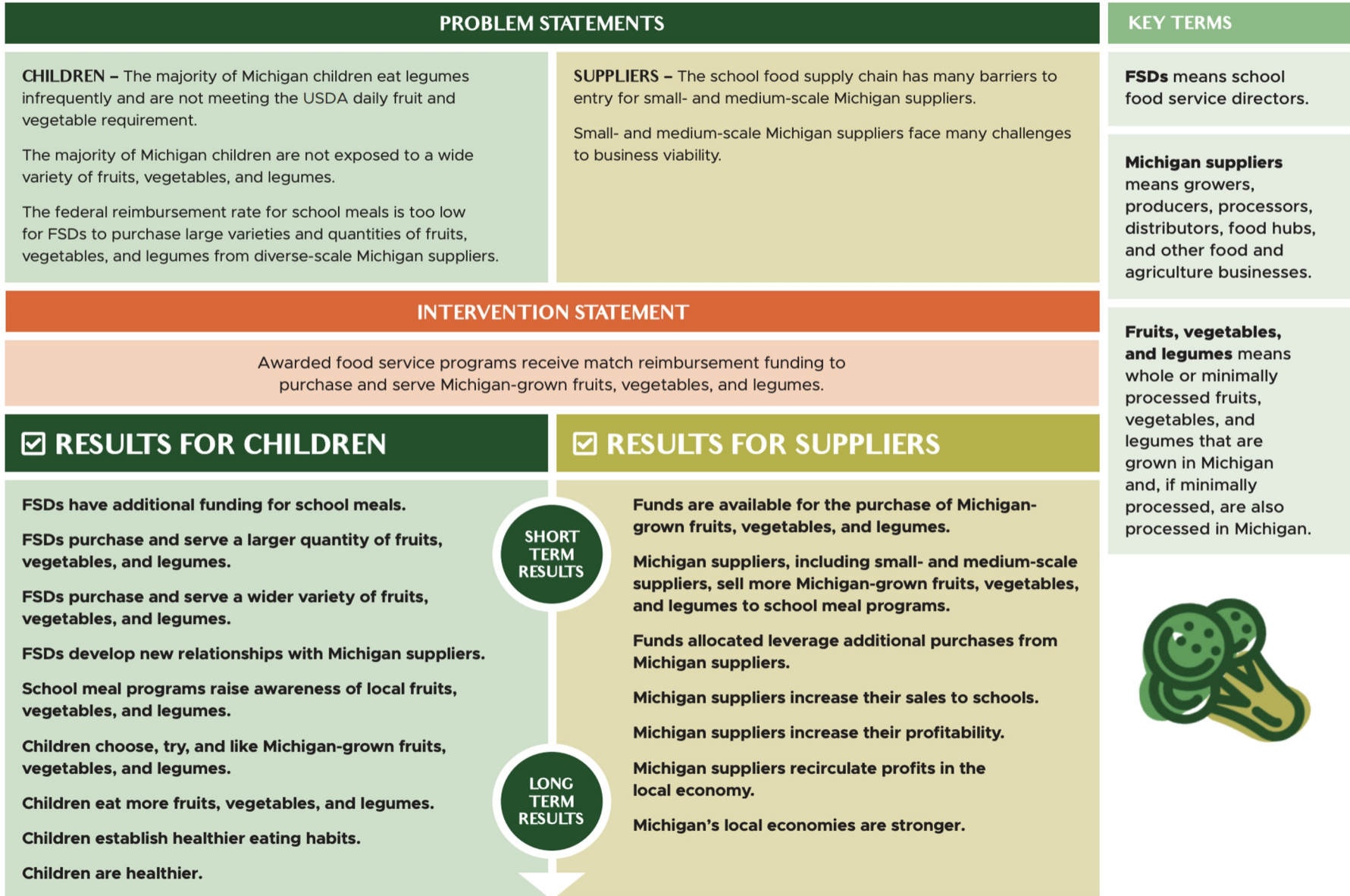
ood.org



10 CENTS FRAMEWORK



Credit:
MSU
Center for
Regional
Food
Systems



GOALS OF 10 CENTS A MEAL (WIN-WIN MESSAGING, TOO)

1. Improve daily nutrition and eating habits for Michigan children in school and child care settings.
2. Invest in Michigan agriculture and related local food business economy.

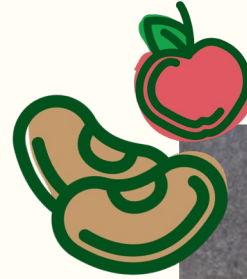


Photo by: Sarah Rypma



WHAT IS 10 CENTS A MEAL?

- A state-funded program matches what schools, early care and education sites, and other non-school sponsors spend on Michigan-grown fruits, vegetables, and dry beans with grants of up to 10 cents per meal.



ELIGIBILITY

Any sponsor feeding children with a USDA child nutrition program

- Schools
- **Early Care and Education sites**
- After-school programs,
- Residential youth programs
- Community organizations



Photo by: Sarah Rypma



WHAT IS 10 CENTS A MEAL?

\$9.3 million dollar investment from the state of Michigan in 2023-2024 program year (for the second year in a row!)



HOW IT STARTED



2016-2017 / \$250K
16 Districts
48,000 Students



2017-2018 / \$375K
32 Districts
95,000 Students



2018-2019 / \$575K
2019-2020 / \$575K
2 New Regions

2020-2021 program year saw expansion statewide and inclusion of non-school sponsors

HOW IT'S GOING

- **\$9.3 million dollar** state program
- Available statewide
- Schools, child care centers, and other non-school sponsors eligible
- In 22-23 year: Estimated reach of approx. 590,000 children

HOW DID YOU DO THAT?

- Showing proof of concept
 - Gathering data and telling powerful stories
- Growing champions who believed in the program
 - School Food Service Directors
 - Community Groups
 - Parents
 - Farmers
 - Legislators
- Partnering across organizations

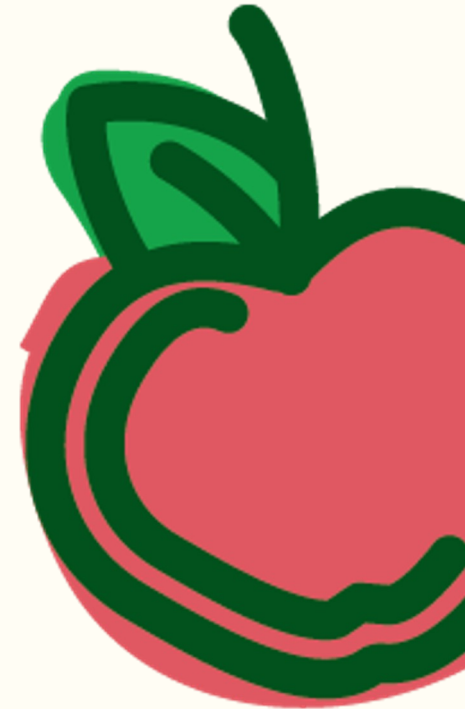


HOW IT WORKS

1. Local Food Purchasing

2. Marketing and Education Activities

3. Reporting and Evaluation



HOW IT WORKS, CONT.



Prospective grantee applies



Awarded funds from MDE **(10 Cents x last year's meals served)**



Purchase and serve Michigan-grown produce and dry beans, conduct food and nutrition marketing and education



Grantee admins submit invoice data and participate in surveys



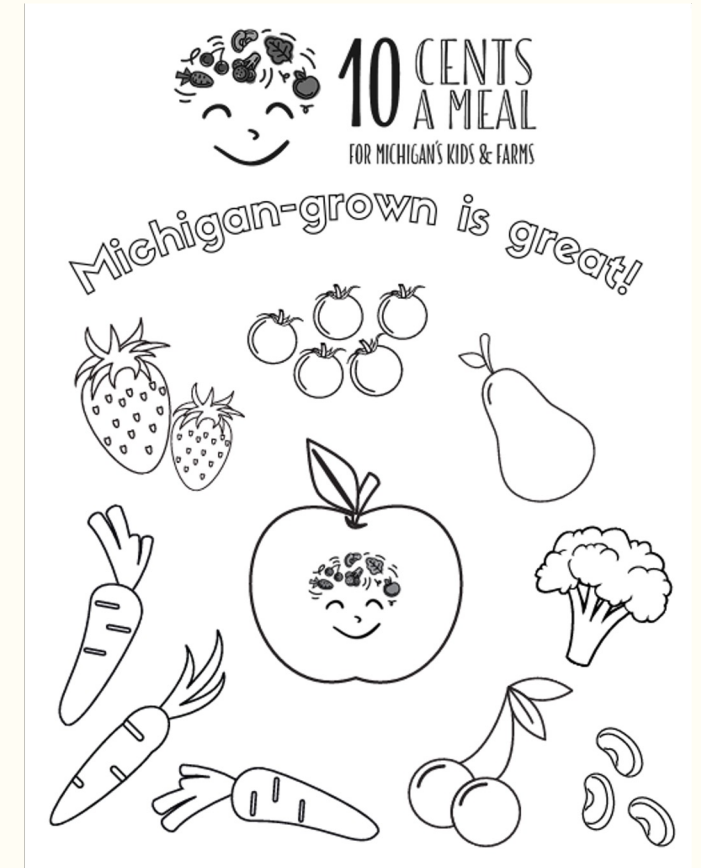
Grantees are reimbursed 50% up to their max grant award

- Ex. A \$5,000 grant means \$10,000 in invoice data needs to be submitted to receive the full \$5,000



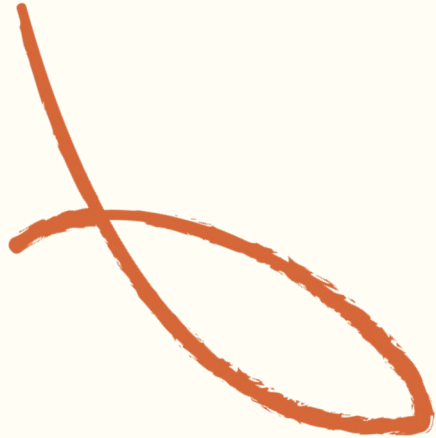
HOW 10 CENTS A MEAL SUPPORTS FARM TO ECE

- Incentivizes purchasing local foods for CACFP participating ECE sites
 - Provides money on top of CACFP reimbursement
- Marketing and education activities
 - Gardening with children
 - Cooking activities
 - Nutrition education
 - Promoting local food



ADVANCEMENTS



- Streamlining the application and participation process
 - Added capacity among implementation partners
 - Navigating expansion among different kinds of Child Nutrition Program Users - CACFP
 - Pilots with a CACFP sponsoring organization - Association for Child Development
 - 1st year: 5 Centers (among 2 center owners)
 - 2nd Year: Expanded to 10 Centers and 49 home providers.
- 

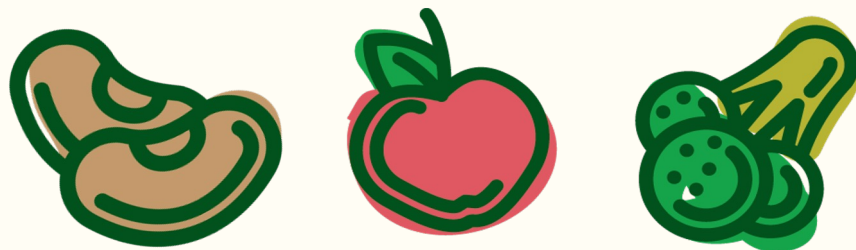
CHALLENGES

- Expansion during COVID-19
 - Supply chain issues/local food distribution
- Staffing capacity issues
 - Short staffed
 - Capacity to engage in activities of the program (surveys, sending invoice information, sourcing local food)
- Child care crisis



WHAT IS ACD'S 10 CENTS A MEAL PILOT?

The first step in making 10 Cents a Meal more accessible to home providers and centers using a CACFP sponsor.

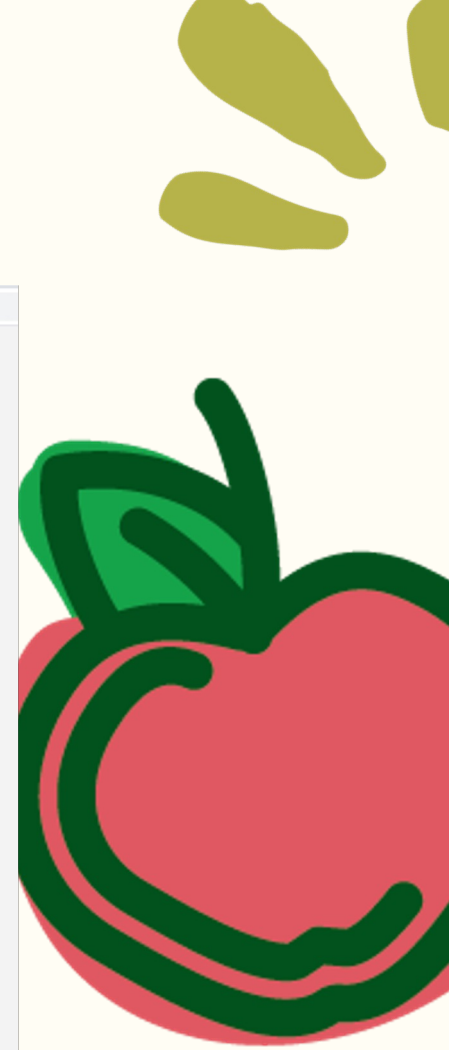
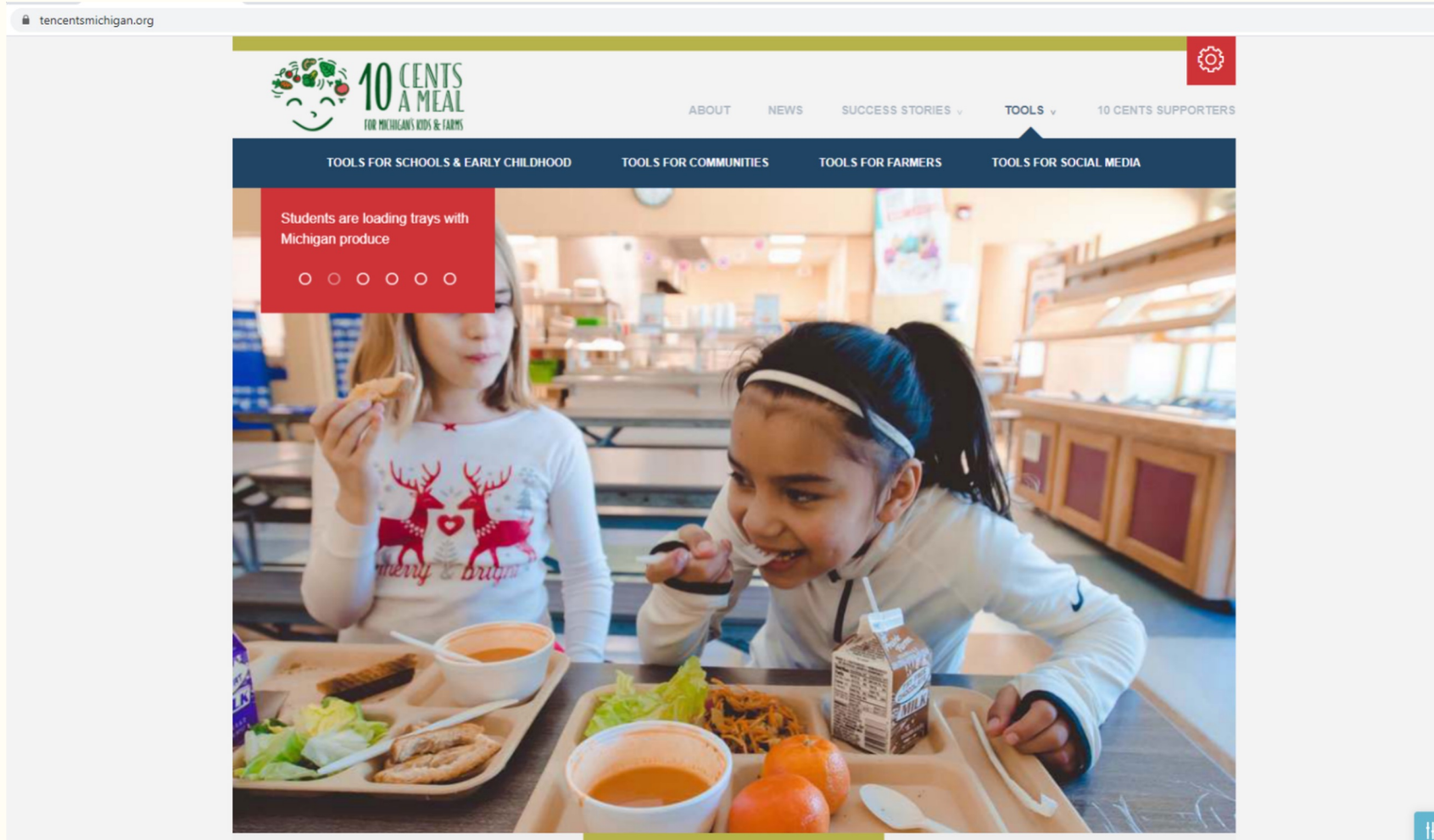


FUTURE GROWTH

- Expanding availability of the program among those using a CACFP sponsor and participation from other non-school sponsors of USDA Child Nutrition Programs (Summer Food Service Program)
- Resource development



CHECK OUR SITE: www.tencentsmichigan.org





KEEP UP WITH 10 CENTS A MEAL



10 CENTS
A MEAL
FOR MICHIGAN'S KIDS & FARMS



Facebook

@TenCentsMichigan

Twitter/X

@10CentsMI

Instagram

@10CentsMI

Melanie Tran, MA, RDN:

melanie.tran@groundworkcenter.org



THANK YOU!



QUESTIONS?



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