Farm to School: Highlighting Local Fruits & Vegetables

NEWS February

Materials to inspire your USDA Fresh Fruit & Vegetable Program

Use these Vermont products in your snack program this month:





Carrots
Onions
Parsnips
Potatoes
Rutabaga
Turnips
Winter Squash

Farmers store root crops year-round. If you need assistance locating these products, see the Resource section.

Celebrating ...

CHILDREN'S AUTHORS & ILLUSTRATORS WEEK





hildren's Authors and Illustrators Week helps to promote reading and creativity for kids. Engaging and encouraging children to love books, art, storytelling, and writing are critical ways to support literacy and continuous learning. Lively storytelling, fascinating presentations, and hands-on writing workshops make books spring to life and inspire a life-long love of reading and writing. Celebrating authors and illustrators helps children appreciate and understand the importance and effort behind the creation of some of the wonderful stories and pictures of children's literature.

Other February Celebrations

National Youth Leadership Month cylc.org/nylc



Famous Children's Authors & Illustrators

- Dr. Seuss wrote and illustrated numerous famous books. Among them, The Lorax, The Butter Battle Book, The Sneeches, Yertle the Turtle, Horton Hears a Who! and How the Grinch Stole Christmas, all raise political and social concerns.
- Chris Van Allsburg, author and illustrator of The Polar Express, has published many stories with great illustrations, story lines, and lessons to be learned. Check them out! The Wreck of the Zephyr, The Sweetest Fig, The Stranger, and many others.
- Roald Dahl used influences and stories from his own childhood to create stories such as James and the Giant Peach, Charlie and the Chocolate Factory, The BFG, Matilda, and Fantastic Mr. Fox.

Resources

More ideas for celebrating
National Children's Authors &
Illustrators Week:

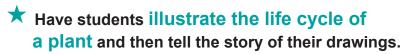
- scholastic.com/parents
- readingrockets.org

ACTIVITIES for

CHILDREN'S AUTHORS & ILLUSTRATORS WEEK

★ Read "A Fruit Is A Suitcase For Seed" by Jean Richards and talk about the life cycle of a plant.

Read "Jump Into
Science-Dirt" by Steve "The
Dirtmeister" Tomecek and draw
the structure and biology of soil.
There's a lot crawling around in there!



- ★ Create a display of books by authors and/or illustrators about food.
- ★ Invite local authors to give a presentation in the classroom or library.



See the **Education Activities & Connections Section** for more ideas.

SNACK DITES

Read "Growing Vegetable Soup" by Lois Ehlert and make soup for lunch with students or send them home with a recipe to make with their parents.

Read "Oliver's Vegetables" by Vivian French, and chat with students about what vegetables they think look funny and might want to try. Then taste them!

See RECIPE section for more ideas

